



PROGRAM PLANNING GUIDE

ID: Name:

Bachelor of Health Sciences

Aboriginal Health



Indigenous health is Canadian health. The health of Indigenous peoples in Canada is a complex social justice issue that can only be addressed by people who are creative, skilled, culturally competent, committed and passionate about righting historical wrongs and acting to create a more inclusive, equitable society. Learn traditional Indigenous teachings and contemporary perspectives by engaging with elders, knowledge keepers, health care professionals and other Indigenous peoples. Learn how Indigenous values, knowledge and practices foster healthy children, youth, adults, elders, families and communities.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2024/2025 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Health Sciences (www.ulethbridge.ca/healthsciences)

Program(s): Bachelor of Health Sciences

Major(s): Aboriginal Health

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad

Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines

Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses

Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)

Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge

Internship: www.ulethbridge.ca/healthsciences/practicum-aboriginal-health

Independent Study: www.ulethbridge.ca/healthsciences/independent-study

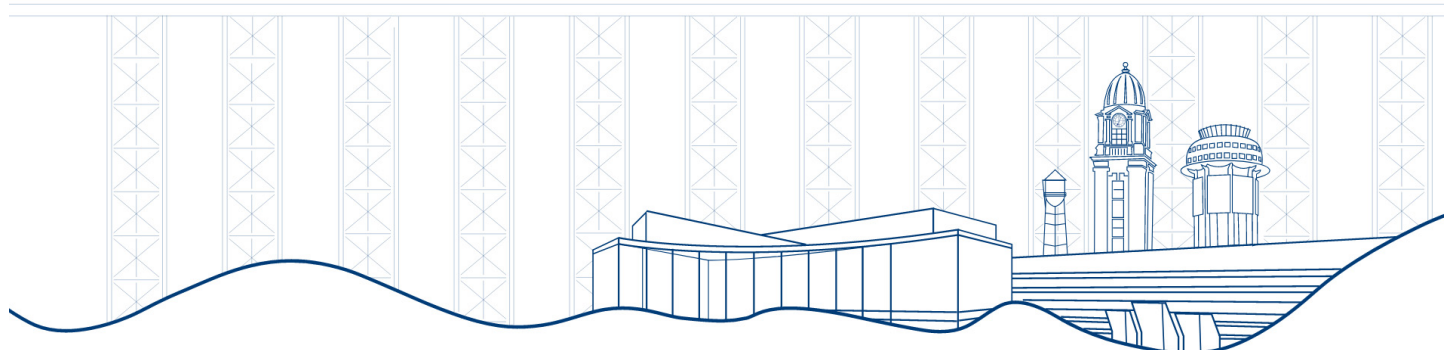
What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services

Student Success Centre: www.ulethbridge.ca/student-success-centre

Accessible Learning: www.ulethbridge.ca/ross/alc

Counselling Services: www.ulethbridge.ca/counselling



Version: June 4, 2024

Contact an Academic Advisor (www.ulethbridge.ca/ross/academic-advising) for advising information

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for ensuring they have met program requirements. This guide should be used in conjunction with the University of Lethbridge Academic Calendar, which is the final authority on program requirements and academic regulations.



Required courses and notes

Core Courses

- _____ 1. Aboriginal Health 1000 - Introduction to Aboriginal Health
- _____ 2. Aboriginal Health 2000 - Indigenous Healing and Restoration
- _____ 3. Aboriginal Health 3300 - Traditional Aboriginal Health Concepts
- _____ 4. Aboriginal Health 3310 - Contemporary Issues in Aboriginal Health
- _____ 5. Aboriginal Health 3400 - Indigenous Community Development
- _____ 6. Aboriginal Health 3500 - Indigenous Health Research Methods
- _____ 7.-11. Aboriginal Health 4350 - Practicum in Aboriginal Health (15.0 credit hours)
- _____ 12. Health Sciences 1010 - Personal Health and Wellness
- _____ 13. Health Sciences 2700/Sociology 2700 - Health and Society
- _____ 14. Health Sciences 3260 - Research in the Health Sciences
- _____ 15. Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- _____ 16. Health Sciences 3510 - Program Planning and Evaluation
- _____ 17. Indigenous Governance and Business Management 2500 - Introduction to Indigenous Governance and Business Management
- _____ 18. Management 2081 - Professional Communications Skills
- _____ 19. Public Health 1000 - Introduction to Public Health
- _____ 20. Public Health 2000 - Population Health
- _____ 21. Public Health 2100 - Policy and Health
- _____ 22. Public Health 3420 - Public Health Ethics
- _____ 23. Sociology 1000 - Introduction to Sociology
- _____ 24. Writing 1000 - Introduction to Academic Writing

Electives

Courses with a subject code of ABHL, ACCT, ADCS, AGEM, EDUC, FINC, HLSC, HRLR, IGBM, IMGT, MGT, MKTG, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Elective, Social Science Electives, or Science Electives in the Aboriginal Health major.

- _____ 25. One Fine Arts and Humanities elective
- _____ 26. One Social Science elective
- _____ 27.-30. Four Science electives
- _____ 31.-39. Nine Open electives
- _____ 40. One 3000/4000-level course

General Requirements

- _____ Completion of 40 course equivalents (120.0 credit hours) with a GPA of at least 2.00 (on the University of Lethbridge 4.0 scale) on courses taken for credit towards the degree.
- _____ Attain a minimum cumulative GPA of 2.50 (on the University of Lethbridge 4.0 scale) on all Aboriginal Health, Addictions Counselling, Health Sciences, and Public Health courses taken for credit towards the degree.
- _____ Completion of the Liberal Education List Requirement (see **School of Liberal Education** in the 2024/2025 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar).
- _____ Not more than three Independent Study courses may be taken for credit towards the degree.
- _____ Not more than 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE).
- _____ Residence requirement: 20 courses, including a minimum of ten from the Faculty of Health Sciences.
- _____ All degree requirements must be completed within seven years of completion of the first required course offered by the Faculty of Health Sciences.

Optional Minor:

Due to the structured nature of the B.H.Sc. program, students are **strongly discouraged** from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

For information about minors see **Minors** in the 2024/2025 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar.

1.-6. Minor Courses

- _____ 1. _____
- _____ 2. _____
- _____ 3. _____
- _____ 4. _____
- _____ 5. _____
- _____ 6. _____



Recommended Course Sequence

Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms). Students are strongly encouraged to follow the sequencing plan outlined here. Not following the sequencing plan may result in extending the length of your program.

Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.

First Year (Fall)

Aboriginal Health 1000
Health Sciences 1010
Public Health 1000
Elective
Elective

First Year (Winter)

Sociology 1000
Writing 1000
Science Elective
Elective
Elective

Second Year (Fall)

Aboriginal Health 2000
Public Health 2000
Indigenous Governance and Business Management 2500
Fine Arts and Humanities Elective
Science Elective

Second Year (Winter)

Aboriginal Health 3300
Aboriginal Health 3310
Health Sciences 2700/Sociology 2700
Management 2081
Elective

Third Year (Fall)

Aboriginal Health 3400
Health Sciences 3260
Public Health 2100
Public Health 3420
Science Elective

Third Year (Winter)

Aboriginal Health 3500
Health Sciences 3510
Social Science Elective
Elective
Elective

Fourth Year (Fall)

Health Sciences 3450/Psychology 3450
3000/4000-level elective
Science Elective
Elective
Elective

Fourth Year (Winter)

Aboriginal Health 4350

Final Program Check

Request a Final Program Check at www.ulethbridge.ca/healthsciences/forms by December 1 (April completers) or by April 1 (June, August, & December completers) and after registering in your final term.

Program requirements with _____ (majors, minors, concentrations)

☐ will be met upon successful completion of _____ currently enrolled courses

☐ have been met

Health Sciences GPA: _____

Grad GPA: _____

Advisor: _____ Date: _____

Advisor: _____ Date: _____

Customize your program or keep notes

An empty program space is available below should you wish or need to create a customized program sequence. Ensure you are following the program requirements laid out on the previous pages of this guide to ensure you are meeting all program, degree, and institutional requirements.

Consult with an Academic Advisor in your faculty if you wish to customize your sequence of courses.

First Year (Fall)

First Year (Winter)

Second Year (Fall)

Second Year (Winter)

Third Year (Fall)

Third Year (Winter)

Fourth Year (Fall)

Fourth Year (Winter)

Fifth Year (Fall)

Fifth Year (Winter)

Notes

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